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**FOR IMMEDIATE RELEASE**

## **REHAB UNLIMITED AT SOUTHBRIDGE, LLC ANNOUNCES THAT THEY NOW OFFER SPINAL DECOMPRESSION AND LASER THERAPY**

April 19, 2007 -- Rehab Unlimited at Southbridge, LLC announces that they now have added Spinal Decompression & Laser Therapy Services. Spinal Decompression Therapy is a non-surgical, comfortable traction therapy for the relief of back, leg, neck or arm pain. This therapy is an effective treatment for; herniated disc, degenerative disc, facet syndrome, sciatica, post-surgical patients and spinal stenosis. Decompression Therapy can often effectively enhance the healing process and render quick, effective and often amazing pain relief in certain patients, many who have previously failed other treatments. Over 70% of patients have good pain relief. This success rate is similar to surgical results, plus Decompression Therapy is very affordable and cheaper than surgery.

Laser Therapy is the use of light from a low intensity laser that treats musculoskeletal injuries, chronic and degenerative conditions and wounds. The light source is placed in contact with the skin allowing the photon energy to penetrate tissue, resulting in the restoration of normal cell function which enhances the body's natural healing processes. Some of the specific conditions it can treat are; repetitive stress injury, carpal tunnel syndrome, fibromyalgia, ligament and tendon tears, bulging and herniated discs, tendonitis, bursitis, rheumatoid arthritis, osteoarthritis, wound healing, dermal ulcers, burns, gout/arthritis, muscle pain, shoulder, elbow, knee, ankle and foot injuries, sprains and headaches. In short, low-level laser therapy appears to heal at a cellular level. It's like shining a ray of sunlight directly on injured cells inside the body and stimulating the cells to return to normal function. Some of the other advantages of laser therapy; non-evasive, non-toxic, easily applied, highly effective, cure rate of 95% and no known negative side effects.

Rehab Unlimited LLC offers state-of-the-art Rehabilitation Services through Aquatic Therapy and/or Land-Based Therapy. They are housed in an 8,000 square-foot facility that includes an indoor 25,000-gallon heated pool, equipped with hydraulic lift, staircase and various depth levels, plus locker rooms, exercise facility with free weights and machines, treadmills/elliptical, bikes, balance boards and exercise balls. Aquatic programs are available for a wide range of treatment options; orthopedic and sport related injuries, reducing pressure on joints, reducing pain and inflammation, promoting relaxation, decreasing muscle spasms and guarding, all which improves flexibility, increases range of motion and promotes cardiovascular fitness. Rehab Unlimited LLC also offers orthotic & prosthetic training and education plus self-management strategies.

Rehab Unlimited LLC accepts most insurances including Workers Comp., Medicare and Medicaid and is located at 725 Boardman-Canfield Rd., Southbridge Building B, Boardman. Call 330-729-9095, E-mail info@rehabunlimited.com or view [www.rehabunlimited.com](http://www.rehabunlimited.com).